

POSSIBLE GOALS

Pick any of these that you'd like to gain from us working together

Start getting a plan in place

Feel more confident about my plan

Feel more positive about the future

Know more about what my skills, interests and abilities are

Explore what I'd like to do next after leaving school/study/my job

Make the best decision for me

Find out what might suit me for a career

See the point of study and training

- I can say what I really think and be honest
- I can disagree
- I can ask questions if I don't understand
- I will decide what information can be shared
- I will be listened to and taken seriously
- The room – no bright lights
- The room – a quiet space
- Given time to think before answering
- Pictures and diagrams

TICK THE TOP 4



WHAT WOULD
HELP YOU FEEL
COMFORTABLE
IN THE
MEETINGS?